

## VERRUCA DEEP FREEZE TREATMENT

**PLEASE READ INSERT CAREFULLY BEFORE USING DR. YGLO VERRUCA DEEP FREEZE TREATMENT . WE ADVISE YOU TO KEEP THIS LEAFLET, YOU MAY NEED TO READ IT AGAIN.**

### 1. CONTENTS OF DR. YGLO VERRUCA DEEP FREEZE TREATMENT

A pressurized canister filled with 50ml (at date of manufacture) of the compressed liquid gas dimethyl ether. A custom application unit (actuator) is used to administer the cold delivered by the cryogen to the verruca.

### 2. BACKGROUND ON VERRUCAS

Verrucas are growths on the skin or mucous membranes (such as inside mouth, nose, anus, genitals, lips) that are caused by the human papilloma virus (HPV). There are more than 80 different types of HPV. Many are attracted to the skin where they cause different skin-related verrucas including verrucas and common verrucas.

Verrucas, are similar to verrucas but occur only on the sole of the foot or underneath the toes. Generally painful, they often look like a small white ring of skin with black dots in the centre. Verrucas are also contagious and can be transmitted to another person by contact with a wet surface such as a floor. Others are attracted to the mucus membranes where they can cause verrucas on the genitals or anus.

Skin-related verrucas such as common verrucas and verrucas are generally harmless. However, genital verrucas have been linked to cancer in the cervix. Verrucas affect 7 to 10% of the general population. They are most common in children and adolescents. Verrucas are very contagious and may appear more often if the body's defense system is weak.

Verrucas are passed from person to person or from one body location to another on the same person by touch or contact with flakes of skin. More than 50% of verrucas disappear within two years with no treatment. However, they are unsightly and can cause pain in the case of verrucas. Therefore, patients often choose to treat verrucas rather than wait for them to disappear.

Treatments for verrucas include different topical acid preparations, surgical removal, burning or cryotherapy (freezing). Liquid nitrogen is the most commonly applied freezing method, but it is only available through the physician. Dr. Yglo Verruca Deep Freeze Treatment is an alternative to liquid nitrogen.

### 3. WHAT IS DR. YGLO VERRUCA DEEP FREEZE TREATMENT USED FOR?

Intended purpose: Dr. Yglo Verruca Deep Freeze Treatment is indicated for the over-the-counter treatment of common verrucas and plantar verrucas (verruca's), for patient aged 4 years and older on the bottom of the foot.

Common warts and verrucas are harmless growths that consist of a center of inner skin (or connective tissue) with blood vessels covered with layers of outer skin (or epidermis tissue).

Common warts are skin-coloured, usually appear on the hands and feet and are easily recognized by the rough "cauliflower-like" appearance of the surface.

Verrucas only occur on the bottom of the foot and are often flat due to the pressure caused by walking. Verrucas grow inward, are often calloused, and can be very painful. The footprint pattern is smooth over the area where the verruca occurs because "skin lines" do not grow across the surface of verrucas.

### 4. HOW DOES DR YGLO VERRUCA DEEP FREEZE TREATMENT WORK?

Dr. Yglo Verruca Deep Freeze Treatment freezes verrucas on the feet. The freezing destroys affected tissue. When the actuator is first cooled and then pressed (applied) on the verruca, freezing begins within a few seconds and the skin will turn white (see diagram and instructions for use). A slight aching, itching and/or stinging feeling will occur as a result of the freezing.

After the actuator is removed, colour will return and the aching, itching, stinging feeling should quickly decrease, disappearing within a few hours.

After the area thaws and colour returns, a redness that is the same size as the frozen region may appear. As a result of freezing, a blister may form (sometimes filled with blood) under the verruca within a few days. You may not see this easily. The frozen skin with the treated verruca will fall off after about 10-14 days. In the meantime, new skin will have formed under the blister.

Any serious incident that has occurred in relation to this product should be reported to the manufacturer and to the competent authority of the Member State in which the user is established.

For more information about Dr. Yglo Verruca Deep Freeze Treatment visit [www.dryglo.com](http://www.dryglo.com). For all product enquiries, please contact the distributor.

For more information and an instructional video please visit [www.dryglo.com](http://www.dryglo.com)



Fred. Roeskestraat 115  
1076 EE Amsterdam  
The Netherlands

**Distributor**  
Company name

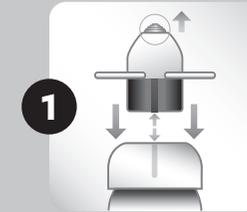
### 5. INSTRUCTIONS FOR USE ON VERRUCAS

1. Soak foot with plantar verruca for 5 min. in warm water. Dry thoroughly. File the verruca area with a pumice stone or pumice file (not included in the Dr. Yglo Verruca Deep Freeze Treatment packaging) before applying Dr. Yglo verruca and verruca Freeze Treatment.
2. Apply the actuator on the aerosol can, with the metal tip facing up. Do not push down on the actuator until ready to cool.
3. Place the aerosol can on a hard surface and push down on the white actuator for 5 seconds. Then allow the can to rest for 5 seconds. Be careful to avoid contact with the metal tip when pressing down. (Do not press for longer than directed and wait at least 5 minutes before reactivating.)
4. Remove the actuator from the aerosol can, with the metal tip facing up.
5. Apply the metal tip on the verruca for 40 seconds. Make sure the metal tip covers as much of the verruca as possible.
6. Wash hands (except treated area) immediately after use
7. When used by more than one person and/or after each application, clean the actuator with alcohol on a small piece of cloth.

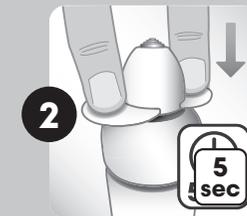
It is important that the instructions in the information leaflet are followed exactly. Careless use can cause freezing too deeply, causing permanent damage to the uppermost layer of the skin on fingers and toes. This may result in permanent scars or nerve damage.

Comfort pads (not included in the Dr. Yglo Verruca Deep Freeze Treatment packaging) can be used to protect the tender verruca area after treatment as been completed.

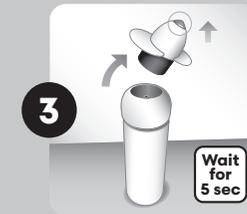
## How to use Dr Yglo Verruca Deep Freeze Treatment



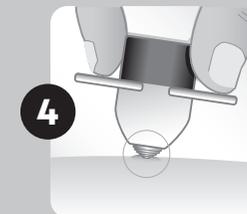
Place the aerosol can on a hard surface. Apply the actuator on the aerosol can, with the metal tip facing down.  
**Do not push down on the actuator until ready to cool.**



Push down on the white actuator for 5 seconds. Then allow the can to rest for 5 seconds.  
**Do not press for longer than directed and wait at least 5 minutes before reactivating.**



Remove the actuator from the aerosol can, with the metal tip facing down. Be careful to avoid contact with the metal tip.



Apply the metal tip on the verruca for 40 seconds. Make sure the metal tip covers as much of the verruca as possible.



## 7. WARNINGS, LIMITATIONS & CAUTIONS

Read this important information carefully before you use the product and save it for future reference

### WARNINGS

Keep out of reach of children. Children cannot understand the instructions to properly use this product. Content is hazardous if swallowed, inhaled, sprayed or exposed to heat.

For external use only. Use only as directed. If Dr. Yglo Verruca Deep Freeze Treatment is not used exactly as instructed or you mistakenly apply it directly to the skin or use it on conditions that are not verrucas, it may cause serious burns and permanent scarring skin. Do not use if you cannot see clearly to read the information on the container or this Information Leaflet.

- Do not press for longer than directed and wait at least 5 minutes before reactivating. Pressing the activator longer than instructed may release excess product, which can appear as leakage due to disrupted balance of product and gas release.
- Do not use on children under the age of 4 years. It is uncertain how Dr. Yglo Verruca Deep Freeze Treatment may affect the child's skin.
- Do not use if you cannot clearly see the verruca you are treating. If you mistakenly apply Dr. Yglo Verruca Deep Freeze Treatment on the conditions that are not verrucas, it may cause serious burns and permanent scarring of the skin.
- Do not use on area with thin skin such, face, armpits, breasts, bottom, or genital area. Use on these areas may cause burns and permanent scarring.
- Avoid contact with healthy skin. Use on these areas may cause burns and permanent scarring of the skin.
- Avoid contact with eyes. Contact with eyes may cause blindness. Do not rub or touch eyes with hands if Dr. Yglo Verruca Deep Freeze Treatment has been applied to them. If product gets into eyes, call medical help right away.
- Do not swallow or inhale. The content is toxic and may cause serious internal damage. If swallowed, get medical help right away.
- Do not breathe vapour/spray and use only in well-ventilated areas because it is uncertain how the vapour/spray will affect the lungs. Breathing vapour/spray may be toxic.
- Keep away from fire or flame and from source of sparks or ignition. Do not smoke while using Dr. Yglo Verruca Deep Freeze Treatment. Exposure to the heat may cause the container to explode, causing serious injury.
- Do not pierce or burn aerosol spray can, even after use. Protect from sunlight and do not expose to temperature above 50°C (122°F). Store at room temperature away from heat. Exposure to the heat may cause the container to explode, causing serious injury.
- Do not treat each verruca with Dr. Yglo Verruca Deep Freeze Treatment more than three times in total as the treatment might not be effective and can cause burns and permanent scarring
- Tip of the actuator contains nickel, users with a nickel allergy should carefully try to determine if an allergic occurs before repeating multiple treatments.

### LIMITATIONS

- Do not use on irritated skin, or on any area that is infected, reddened or showing any signs of inflammation, such as itching or swelling. Treating these areas with Dr. Yglo Verruca Deep Freeze Treatment will result in worsening of the condition and possible further infection. These conditions may not be a verruca and should be examined by a doctor.

- Do not use on moles, birthmarks, verrucas with hair growing from them, genital verrucas (on penis or vaginal area), or verrucas on the face or mucus membranes (such as inside mouth, nose, anus, genital, lips, ears or near eyes). Use on these areas may cause burns and permanent scarring of the skin or blindness.
- In most cases, only one treatment is needed for each verruca. Verrucas are usually gone in two weeks after treatment with Dr. Yglo Verruca Deep Freeze Treatment. If a verruca or a part of it is still there two weeks after treatment, you may then safely treat again. Do not treat each verruca with Dr. Yglo Verruca Deep Freeze Treatment more than three times in total. Consult your doctor if three treatments have not led to improvement.

If you are not sure, consult your doctor. If you treat a skin condition as a verruca with Dr. Yglo Verruca Deep Freeze Treatment and it is not a verruca, you delay proper treatment. This delay may lead to a more serious skin condition or disease.

### CAUTIONS

- The product should not be used beyond the expiration date. The lot number and the expiration date appear on the bottom of the aerosol can as well as the outside of the outer packaging.
- When used by more than one person and/or after each application, clean the actuator with alcohol on a small piece of cloth. When not properly cleaned cross contamination of the virus can occur.
- If there is more than one verruca on a finger or toe, only treat one verruca at a time. Freezing more than one verruca on a single finger or toe is too large of an area to freeze at one time and may take longer to heal or the area may not heal properly. Treat each remaining verruca on a single finger or toe separately, with a two-week period between treatments.
- For verrucas, the aching/stinging feeling may last 24 hours. If discomfort or aching/ stinging feeling beyond this time, 3 hours for common verrucas and 24 hours continues for verrucas, contact your doctor. This may mean that the area has been frozen too deeply and medical attention may be needed.
- Wash hands (except treated area) immediately after use. Washing the treated area immediately may be uncomfortable since you may still be experiencing some aching/stinging. The treated area may be washed after the aching/stinging subsides.
- Inspect carefully before each use. If the product appears damaged, stop using and throw it away. Damaged product may leak gas.

### CONTRA INDICATIONS:

- Do not use if you are diabetic or if you have poor blood circulation. Dr. Yglo Verruca Deep Freeze Treatment works by freezing the verruca. The frozen area in diabetic patient and those with poor blood circulation may not heal as quick or completely.
- Do not use if you are pregnant or breast-feeding. It is uncertain how Dr. Yglo Verruca Deep Freeze Treatment may affect patients under these conditions.

### SIDE EFFECTS

The following side effects can occur when using the product:

- A stinging, itching, aching feeling during and after freezing that quickly decreases after the area thaws.
- Possible changes in colouring from white to red.
- Possible blistering.
- Black dots may appear in the middle of the verrucas after a few days.

## 8. FOLLOW-UP TREATMENT

For each verruca, only one treatment is necessary in most cases. Verrucas may require more than one treatment. In two weeks after treatment with Dr. Yglo Verruca Deep Freeze Treatment, common verrucas are usually gone. If a verruca or part of it is still there two weeks after treatment, you may then safely treat it again.

Do not treat each verruca with Dr. Yglo Verruca Deep Freeze Treatment more than three times in total. Consult your doctor if three treatments have not led to improvement. Do not apply Dr. Yglo Verruca Deep Freeze Treatment together with any other method of verruca removal because it is uncertain how the combination may affect your skin. Combination usage may result in serious burns and permanent scarring of the skin.

After application, the colour of the skin may change, varying from white to red. A blister may form under the verruca and an aching/stinging feeling normally will occur for up to a few hours. If the aching, stinging feeling continues until the next day, or if another problem (such as freezing the skin beyond the size of the verruca or less of feeling) occurs, contact your doctor.

- It is normal for the treated area to be sensitive for a few days.
- Black dots may appear in the centre of the treated verruca after a few days.
- Keep the treated area clean.
- You may swim or shower.
- Do not pick or scratch the treated area as this may result in infection.
- Protect blisters, if necessary, with a gauze or sterile adhesive bandage.
- Do not puncture blisters. Puncturing blisters will be painful and may result in infection.

Dispose of the packaging and used parts in accordance with the country-specific regulations.

HOW TO RECYCLE AEROSOLS: Ensure aerosols are completely empty before recycling. Do not pierce, crush or flatten aerosol cans. Detach any loose or easily removable parts, such as the lid, and dispose of them with the rest of your recycling. Note the tip contains heavy metals and might need to be disposed as hazardous material as defined in your local legislation.

## 9. APPLICATION TIME

The following applications time should be used as indication:

	Verruca DIAMETER	TREATMENT TIME
Verrucas on toes and arch of foot	Smaller than 3/32 in (2.5mm)	10 seconds
Verrucas on toes and arch of foot	3/32 – 3/16 in (2.5 – 5.0 mm)	15 seconds
Verrucas on toes and arch of foot	Larger than 3/16 in (5.0mm)	20 seconds
Calloused verrucas on heels and balls of feet	All sizes	40 seconds or less

## 10. EXPLANATION OF SYMBOLS

The warning signs and symbols on the packaging and instructions for use are essential to ensure that you use this product safely and correctly and to protect you and others from injury. The symbols are explained in the table below

Symbol	Explanation
	Symbol for the manufacturer
	Symbol that indicates to consult the instructions for use
	Symbol that indicates that caution is necessary when operating the device
	Symbol for the expiration date
	Symbol that indicates that the item is a medical device
	Symbol that indicates the Unique device Identifier
	Symbol that indicates the reference number of the device
	Symbol for the Lot number
	The product shall be stored between 10°C and 25°C
	Symbol indicates to keep the product away from sunlight.